REGULATION UPDATED ON 19.05.2025

Art. 1 – Registration

All people who are at least 18 years of age at the time of registration and belonging to all nationalities are admitted to the MAGS EXPERIENCE ABRUZZO TRAIL.

Each participant in the ABRUZZO TRAIL MAGS EXPERIENCE must be registered with the MSP (Popular Sports Movement), a sports promotion body, recognized by CONI, which will provide the stipulation of the compulsory insurance on behalf and in the interest of the participant, as per DM 03/11/2010.

The cost of the above is included in the cost incurred for registration to the ABRUZZO TRAIL MAGS EXPERIENCE.

Each participant must be in possession of a certificate of fitness for cycling sports, as per **DM 24/04/2013**.

Registrations can be managed from the portal and accessible at the

following link: https://abruzzotrail.it

Art. 2 – Departure and Routes

DEPARTURE:

- DATE: Friday, June 20, 2025
- TIME: 7.00 am (approximately).

PATHS:

- 330 km D+ 6000 – CLASSIC GRAVEL
- 300 km D+ 5800- CLASSIC MTB **(Mtb only)**
- 460 KM D+ 7500 – EXPLORER

The routes include paths, dirt roads, cycle paths and paved roads.

Classification of routes according to: *Scale of difficulty for Mtb cycling of the Italian Alpine Club (CAI)* *CLICK HERE*

Code of Conduct on the trails: Norba Code CLICK HERE

The provisional tracks with all the missing data will be announced as soon as they are available. Approximately one week before departure, an email containing the final gpx track will be sent. The same could be subject to small variations, compared to the km and elevation gains previously declared in the provisional track.

The track provided, uploaded by the participant on a GPS device, must be followed from the start to the end, except for impediments that occur unpredictably on the marked route (e.g. adverse weather conditions, orders by third parties, etc.) and/or elements independent of the organizer.

Participants are required to download the WHIP LIVE app for FREE, 15 DAYS BEFORE THE START DATE OF THE TRAIL, which will be used to track and update, in real time, their position along the route. Only after recording will it be possible to download the final track, directly from the WHIP LIVE APP. The registration to the app, together with its correct operation, must be shown by the participant, at check-in on 19 June and departure, set, as indicated, on 20 June 2025. Please note that the app must be correctly installed, but the participant is not obliged to use it to follow the track.
For info: https://www.whip.live/it/

Art. 3 – Characteristics of the event – warnings
The ABRUZZO TRAIL - MAGS EXPERIENCE is an ADVENTURE and cannot, in any way, be considered a race.

It takes place on paths, dirt roads, cycle paths and paved roads. The route will therefore be open to regular traffic of other vehicles, so it is **MANDATORY** for participants to comply with the new **Highway Code (CDS).**

The participant acknowledges and declares to be aware that the route is not signposted, as the gpx track has been provided with all the references and critical points and therefore assumes the risks and dangers of the trip.

The route must be considered a free personal excursion, thus excluding different or greater protections and/or rights compared to other road users.

The participant acknowledges and accepts that there is no health, food and mechanical assistance service along the route, nor the service of recovery of withdrawn, having to refer exclusively to the telephone numbers and contacts provided by the organizer in the event of an emergency as an attachment to these **Regulations** and referred to in **the Risk Management Planning Document.**

Since it is mandatory to follow the gpx track provided by the organizer, there is no obligation on the part of the latter to search for the participant in case of loss on the route.

The participant undertakes to communicate his/her withdrawal to the organizer, by sending a message to the telephone numbers indicated at the start on the Roadbook.

It should be noted that participation in the ABRUZZO TRAIL MAGS EXPERIENCE cycling excursion always takes place by free choice, with a recreational and in any case non-patrimonial purpose. It follows that the organizer ASD GRANSASSO TRAIL is private, and in any case, indemnified, from any responsibility related to the ABRUZZO TRAIL MAGS EXPERIENCE cycling excursion.

It is indemnified from any liability regarding eventualities that may occur to the cyclist such as, by way of example but not limited to: accidents, loss of the route, physical problems, accidents, theft, etc. It therefore follows that the ABRUZZO cycling excursion
TRAIL MAGS EXPERIENCE is to be understood as a mere meeting with spontaneous and independent participation of cyclists and amateur cyclists on a free and personal excursion.

The participant undertakes to respect and keep clean the places crossed: meadows, woods, paths and agricultural properties, also committing not to throw the waste produced along the way, taking care to throw it in the appropriate collection containers.

It is mandatory to bring a kit for repairing faults and punctures.

Participants are required:

- **Good physical preparation,**
- **Competence and Orientation skills**
- **Resistance to prolonged efforts,**
- **Spirit of adaptation.**

There is no time limit to obtain the Finisher certificate.

Any type of external support is prohibited, except for reasons related to one's own safety, the use of motorized vehicles and the modification of the route, unless otherwise indicated.

A good knowledge of the use of GPS and orientation is required.

The route must be followed in full, within the limits of one's possibilities and weather conditions, roads, etc. It is reiterated that the departure from the route must be reported in time to the organizers.

Art. 4 – Medical Certificate

According to the **Ministerial Decree 24/04/2013**, each participant must be in possession of one of the following certificates of fitness for cycling sports, valid during the period of the trail, *issued by a doctor specialized in sports medicine*:

- **Certificate of fitness for competitive sports practice for CYCLING**
- **Certificate of fitness for the practice of sports activities with High Cardiovascular Effort.**

The certificate can be sent when filling out the registration for the Abruzzo Trail MAGS Experience.

For members who do not meet the Italian residency requirement, the certificate is required as per the "Health Certificate for cardiovascular intensive sport activity" model that can be downloaded here.

Without the sending and validity of the Medical Certificate, the participant will not be admitted to the event under any circumstances.
It should be noted that: "Anyone who alters the content of a medical certificate commits the crime of "Material falsehood committed by a private individual" - article 482 of the Criminal Code - and can be sentenced to two years in prison. In this regard, see the judgment of the Criminal Court of Cassation no. 55385 of 22 October 2018.

Art. 5 – Control

Once the ABRUZZO TRAIL MAGS EXPERIENCE is over, each participant must send the GPS track of the route taken to the email address info@abruzzotrail.it no later than July 21, 2025 to allow the organization to proceed with the verification and then include the participant in the list of finishers.

Art. 6 – Mandatory kit

For their personal safety, in the event of an emergency or loss of the route, each participant is obliged to carry the following minimum safety equipment with them for the duration of their adventure:

- **Reflective vest for night riding;**
- **Whistle and bell;**
- **Mobile phone;**
- **Powerbank;**
- **Approved helmet to be worn at all times;**
- **White front and red rear lights;**
- **Water, enough water bottles for the period**
- **Bikes with the CDS equipment • Enough food for the period**
- **Clothing suitable for the season (cape and everything you need for mountain passes)**
- **Required for emergency bivouac**

Art. 7 – Warnings

ABRUZZO TRAIL MAGS EXPERIENCE 2025 will start in all weather conditions, EXCEPT for any alert notices, issued by the Central Functional Center of the Civil Protection for the areas affected by the ABRUZZO TRAIL MAGS EXPERIENCE. There is no refund in case of non-attendance at the event.

Art. 8 Personal Data Processing

Participation in the Event involves the processing of participants' personal data for the purposes and in the manner described in the Organizer's Privacy Policy and the Participant authorizes the processing of personal data in compliance with the current legislation on the protection of personal data and, in particular, the European Regulation for the protection of personal data 2016/679, Legislative Decree 30/06/2003 n. 196 and subsequent amendments and additions, as last amended by Legislative Decree 10/08/2018 n. 101. The data controller is the Organizer **ASD GRAN SASSO TRAIL.** By registering for the Event, the participant confirms that he or she has carefully read the Organizer's Privacy Policy.

Art. 9 Use of the image of the Participants

The methods of carrying out the Event include the creation of photographic video footage, in order to document the event; among the services related to registration for the Event, the Organizer also offers all participants the opportunity to purchase photos and videos of the Event in which their image is present.

The participant acknowledges and accepts that, in consideration of the public nature of the Event, the object of the dissemination and marketing services of the video-photographic footage of the Event, as well as the impossibility of selectively limiting the video-photographic footage, in order to register and participate in the Event it is necessary to authorize the shooting and use of one's image in the manner and for the purposes indicated in these Regulations, as well as in the Release and Privacy Policy.

Art. 10 – Participation in the event

By applying to participate in the ABRUZZO TRAIL MAGS EXPERIENCE each participant:

- declares that he/she has read, understood and approved these regulations and accepts all parts of them;
- declares to have become aware that the event is a non-competitive test of endurance and considerable physical, technical, psychophysical commitment, without rankings and

without "podium";

- He declares to be aware that, since most of the track is off-road, some sections can be rough and require good driving technique. **If necessary, the participant will overcome the difficult stretch at his or her own discretion, getting off the bicycle and proceeding on foot, as indicated on the track provided, within which special waypoints called 'critical points' are marked.**
- declares to have experience in GPS navigation in off-road and/or otherwise unmarked routes and in **planning trips**;
- declares to have experience and to be aware that the route is not marked, is not monitored and there are no safety posts and/or rescue personnel along the route;
- declares to have experience and to be aware of the possibility of encountering adverse weather conditions and to be able to orient and ride in hills and mountains in such conditions;
- declares that he is physically prepared to face many hours in the saddle of a bike non-stop and in complete self-sufficiency;
- declares that he/she will not use doping or drugs or medicinal substances that may alter performance and/or involve situations of damage or danger to himself or others;
- declares that he has all the necessary material to take part in adventures like this and to independently follow the track requested by the organization;
- declares to be aware that unforeseen events such as landslides, sun, wind, rain, hail, lightning, cold, night, dark, fog, snow, ice, landslides, encounters with unattended and/or wild animals, falls, accidental collisions with other participants or with passing people and/or vehicles on the stretches of carriage road and declares that it is adequately prepared to deal with emergency situations;
- declares that its material is in excellent condition and ready for the use that a route such as that of the GPS track requires.
- he/she is the guarantor of his/her behavior during and after the event;
- declares that the medical certificate for cycling is in compliance with Ministerial Decree 18/02/1982 and Ministerial Decree 26/04/2013 and is issued by a Sports Medical Centre or a specialist in sports medicine;
- declares that he is in good physical condition and that he has undergone a medical examination for the practice of "competitive cycling" providing the organization with the widest indemnity for any damage that may be suffered as a result of his participation in the event;
- is aware that participation in the Event involves the processing of participants' personal data for the purposes and in the manner described in the Organiser's Privacy Policy. The Data Controller is the Organiser. By registering for the Event, the participant confirms that he or she has carefully read the Organizer's Privacy Policy.
- grants the organizers the widest consent to the use, in the ways permitted by law, of any video, photographic, etc. image taken during the days of the event, providing the organization from the moment of registration with the right to transfer such images to third parties;
- expressly authorizes the organization, free of charge, to use images, still and/or moving, depicting its person, taken on the occasion of the event, on all days of its duration. This authorization to use one's image must be considered given for an indefinite period and without territorial limits throughout the world, for use in publications and various films, including, but not limited to, promotional and/or advertising materials made on all media. The organization may also transfer the rights of use provided for in this agreement to third parties and its institutional and commercial partners. The organization declines any responsibility for itself and its collaborators, for accidents or damage to persons or property, which may occur before, during and after the event or as a result of the same.

Art. 11 – PARTICIPATION AND REFUNDS

Participation in the Trail MAGS EXPERIENCE event is confirmed exclusively after payment of the registration fee, according to the methods and deadlines communicated by the organization.

It should be noted that **the amount paid is not refundable under any circumstances**, not even in the event of inability to participate due to personal reasons, accidents, adverse weather conditions or force majeure. Registration is strictly personal and cannot be transferred to third parties, unless otherwise communicated in writing and accepted by the organization.

It also reserves the right to exclude from the event cyclists who will have incorrect behavior before, during and after it.

Note: A copy of the regulations and the Privacy Policy will be signed by the participants at the time of check in.

All participants are informed that this document may be constantly updated by the organizer, in view of changes to the routes, additions, variations and any necessary need.

We also inform you that in the event of these eventualities, and subsequent changes, timely communications will be sent to all its members, by email, and we therefore request you to monitor your mailbox (together with spam), to stay up to date on the event.

These regulations can also be consulted and signed electronically. Pursuant to EU Regulation no. 910/2014 (eIDAS) and Legislative Decree 82/2005 (CAD), the electronic tick at the time of registration is equivalent to full acceptance of these regulations and has the legal value of subscription.

Place and date _____

Legible signature for reading and acceptance _____